

The Challenger

Ministerial Staff

Fred Harris, Pastor • Ted Pate, Associate Pastor

411 N. Warren Ave., Winslow, AZ 86047 • 928-289-2484 • Visit our website www.fbcwinslow.org

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The times we're coming through have been stressful for almost everyone. Since the pressures we've undergone and the losses we've experienced have been such a world-wide phenomenon, so heavily publicized by all the powers that be on every level, and so divisive even in the church, it's been impossible to remain unaffected or unscathed. Even elementary-aged children are dealing with anxiety attacks and depression in a way that is unprecedented in recent history. Saying that, some are definitely struggling more than others with the way everything has affected their families, the workplace, and their social circles.

It's to address this need that we at First Baptist have partnered with Free Life Ministries (freelifeministries.org). They are an online professional biblical counseling service. That's a lot of adjectives to describe the service but I chose each of them intentionally. Each explains why we partnered with them.

They're online: One of the reasons people have a hard time getting much needed counseling is they don't like the stigma of going into a counseling office and by doing so, basically admitting they need help. Whereas one does have to come to the church office one time to sign a liability waiver, all the actual counseling is done via Zoom meetings in the privacy and comfort of one's own home. Whereas, I'll know someone is benefitting from the service, I won't know any of the conversations the sessions entail.

They're professional: Each of the counselors has the minimum of a Master's degree.

They're biblical: Many of the counselors didn't only get a Master's in counseling, they also have a Master's in Theology. They are not going to lead their clients through a bunch of Freudian theory and the client is not going to hear a lot about what Carl Jung thinks about the ego and the id. But he/she is going to be led to view their situations through the lenses of Scripture and to make their decisions based upon Scripture's teaching.

They're a counseling service: They are not psychiatrists, meaning they're not medical doctors so they won't be prescribing medication. Sometimes that is necessary and such cases will be referred appropriately, but sometimes a psychiatrist jumps to that because that's their background and that's what they know. Counselors work very hard to find alternative methods and solutions first.

Do you or someone in your family feel like you could use some extra help? Call us at the church office. The church is paying for the service so that it's accessibly to everyone, but we suggest a \$25-30 donation per session to help defray the cost.

In His Grip,
Pastor Fred

First Baptist **Church**
411 N. Warren Ave.
Winslow, AZ 86047



Food Box Distribution is on the 2nd and 4th Thursday of every month from 3-5 PM. This is a FREE service to anyone who needs it sponsored by The Most Excellent Way Bible Study group.



Mark your calendar!!

- 06/01 9:00 PM Men's Fellowship
- 06/01 9:30 AM Ladies' Bible Study & Fellowship
- 06/01 2:00-5:00 PM Hope Pregnancy Center
- 06/02 6:00 PM Before God's Throne Bible Study Rm 103A
- 06/02 6:00 PM Youth Night
- 06/04 8:30 AM Men's Bible Study
- 06/06 6:00 PM Bible Study - Sanctuary
- 06/07 6:00 PM Men's Potluck
- 06/09 Before God's Throne Bible Study ???
- 06/09 6:00 PM Youth Night
- 06/10 3:00 PM Food Box Distribution
- 06/10 6:00 PM Most Excellent Way
- 06/10 7:00 PM Church Council Meeting???
- 06/11 6:00 PM Men's Bible Study
- 06/12 8:00 AM Men's Breakfast
- 06/13 3:00 PM Deacon's Meeting
- 06/13 6:00 PM Bible Study - Sanctuary
- 06/14 6:00 PM Men's Bible Study
- 06/15 9:00 PM Men's Fellowship
- 06/15 9:30 AM Ladies' Bible Study & Fellowship
- 06/15 2:00-5:00 PM Hope Pregnancy Center
- 06/16 6:00 PM Before God's Throne Bible Study Rm 103A
- 06/16 6:00 PM Youth Night???
- 06/17 6:00 PM The Most Excellent Way
- 06/18 8:30 AM Men's Bible Study
- 06/18 LAST DAY OF SUMMER SCHOOL (WUSD)
- 06/20 Fathers' Day
- 06/20 ??? time POOL PARTY
- 06/20 NO Bible Study
- 06/21 10:00 AM VBS Decorating
- 06/21 6:00 PM Men's Bible Study
- 06/22 9:00 PM Men's Fellowship
- 06/22 9:30 AM Ladies' Bible Study & Fellowship
- 06/22 2:00-5:00 PM Hope Pregnancy Center
- 06/22-06/24 5:30-7:00 PM VBS
- 06/23 6:00 PM NO Before God's Throne Bible Study
- 06/23 6:00 PM NO Youth Night
- 06/24 3:00 PM Food Box Distribution???
- 06/24 6:00 PM The Most Excellent Way???
- 06/25 8:30 AM Men's Bible Study
- 06/27 6:00 PM Bible Study
- 06/28 6:00 PM Men's Bible Study
- 06/29 9:00 AM Men's Fellowship
- 06/29 9:30 AM Ladies' Bible Study & Fellowship
- 06/29 2:00-5:00 PM Hope Pregnancy Center
- 06/30 6:00 PM Before God's Throne Bible Study Rm 103A
- 06/30 6:00 PM Youth Night



**VACATION BIBLE SCHOOL
JUNE 22-24
5:30-7:00 PM GRADES K-6**

Please Pre-Register with the Church Office



**Pool Party & BBQ
Sunday 06/20 TIME???**
Please bring a side dish to share

Senior Adult Luncheon/Potluck Friday, ***, at 11:30 AM in the Activity Center



MEN'S BREAKFAST
Saturday, June 12th at 8:00 AM
Activity Center

Senior Adult Lunch???